

# **Non-School Related Family Resources**

## **YWCA of Western Mass**

Office: 413-732-3121

Spanish: 1-800-223-5001

24-hour domestic violence/sexual assault hotline: 413-733-7100 (TTY/V)

[www.ywworks.org](http://www.ywworks.org)

## **Wayfinders**

Financial assistance for  
homeowners & renters

Springfield Housing Center.

1780 Main Street, Springfield, MA 01103

Monday-Friday 9 am-4 pm

(413) 233-1500

email: [info@wayfinders.org](mailto:info@wayfinders.org)

[www.wayfinders.org](http://www.wayfinders.org)

## **Mass211 & Call2Talk**

Need Help Fast? Get the answers you  
need! It's Free. Confidential. Multilingual.  
Dial 2-1-1 or search online.

Call2Talk is a mental health, emotional  
support, and suicide prevention program  
run by Mass211. Call 413-505-5111 or  
text C2T to 741741

[www.mass211.org](http://www.mass211.org)

# **Non-School Related Family Resources**

## **Greater Springfield Senior Services**

800-649-3691  
66 Industry Avenue, Suite 9,  
Springfield, MA 01104  
Monday-Friday 8 am-5 pm  
Call: 413-781-8800 / 800-649-3641  
Report Elder Abuse: 800-922-2275  
TTY: 413-733-1335  
[www.gsssi.org](http://www.gsssi.org)

## **VITA - Free Tax Assistance**

The Volunteer Income Tax Assistance (VITA) program provides free income tax preparation to households earning 56,000 or less, and to disabled, elderly, and non-English-speaking residents of Hampden County.

Springfield Partners for Community Action  
721 State Street, Springfield, MA 01109  
413-263-6500  
Monday-Friday 8:30 am-4:30 pm  
[www.uwpv.org/spca-vita](http://www.uwpv.org/spca-vita)

# **Non-School Related Family Resources**

## **Dress for Success**

We empower women.

Eastfield Mall  
1655 Boston Road,  
Springfield, MA 01129

Monday-Friday 9 am-2 pm  
Dropoff Monday-Friday 10 am-1:45 pm  
413.732.8179  
westernmass.dressforsuccess.org

## **Thrive**

Thrive provides free, confidential financial coaching to those in need. Build & repair your credit score, budget for your family, access free community resources, and manage debt.

1441 Main Street,  
Springfield, MA 01103  
833-308-4748  
www.uwpv.org/thrive

## **Fuel Assistance**

413-272-2209  
New England Farm Worker's Council  
1666 Main Street, 1st Floor,  
Springfield, MA 01103  
Monday-Friday 8:30 am-4:30 pm  
[www.partnersforcommunity.org/our-services/fuel-assistance/](http://www.partnersforcommunity.org/our-services/fuel-assistance/)

# **Non-School Related Family Resources**

## **Food Pantries**

Springfield Cupboard:  
[www.uwpv.org/springfield](http://www.uwpv.org/springfield)  
413-278-5624

Chicopee Cupboard:  
[www.uwpv.org/chicopee-cupboard](http://www.uwpv.org/chicopee-cupboard)  
413-693-0213

Both open to all Pioneer Valley residents.  
First-time clients will always leave with  
food.  
[www.uwpv.org](http://www.uwpv.org)

## **Domestic Violence Support**

Alianza, formerly  
Womanshelter/Compañeras

If your family member, caregiver, or  
intimate partner makes you feel unsafe  
in any way, we can help.

413-538-9717  
24hr hotline: 877-536-1628  
[www.alianzadv.org](http://www.alianzadv.org)

# **Non-School Related Family Resources**

## **Out Now**

Safe space for queer youth & allies  
to learn about themselves, develop  
leadership skills, explore LGBTQ history,  
and much more.

1695 Main St, Springfield, MA 01103

413-736-4610

[www.outnowyouth.org](http://www.outnowyouth.org)

## **Mass Rehab Commission**

MRC helps individuals with disabilities to  
live and work independently.

243 Cottage Street,

Springfield, MA 01104

Voice/TTY 413-736-7296

[www.uwpv.org/massrehab](http://www.uwpv.org/massrehab)